

ARCHBISHOP BLANCH SCHOOL



Archbishop Blanch
— SCHOOL —

WHOLE SCHOOL FOOD POLICY

POLICY PRODUCED BY:
POLICY REVIEWED:
DATE FOR NEXT REVIEW:

Business Manager
Summer 2012/2015/2018
January 2020

ARCHBISHOP BLANCH SCHOOL

WHOLE SCHOOL FOOD POLICY

This policy should be taken and used as part of Archbishop Blanch Church of England School's overall strategy and implemented within the context of our Mission Statement and Instrument of Government aims.

As a Church of England School, we accept and respect all members of our community as unique children of God, precious in His sight and of infinite worth.

Introduction

Archbishop Blanch School is committed to giving all students consistent messages about all aspects of health to help them understand the impact of particular behaviours, and to encourage them to take responsibility for the choices they make. This policy should therefore be considered alongside the School's PSHE/citizenship programme and Drugs Policy.

It is important that all elements of the School's work are covered in order to ensure that health awareness is promoted among all members of the School community. The School can provide a valuable role model to students and their families with regard to food and healthy-eating patterns.

Through effective leadership, the School's ethos and the curriculum, all staff can bring together all elements of the School day to create an environment which supports a healthy lifestyle.

Aim

To ensure that all aspects of food and nutrition in School promote the health and well-being of students, staff and visitors to our School.

Objectives

- To ensure the formal curriculum for food is up to date.
- To promote healthier options and choice in School food and drink in line with the "School Food Plan" food standards.
- To ensure children and families have opportunities to access specialised advice and support regarding food concerns including allergens.
- To ensure that teaching will need to be sensitive to individual circumstances, eating cultures and family backgrounds.

Action

- A designated member of staff to be responsible for policy development.
- Continually monitor the quality of School meals to ensure they are in line with the “School Food Plan” food standards.
- Healthier options to be available for students at breaks and before school.
- Provide information to parents regarding balanced healthy food options.
- Encourage students to bring healthier packed lunches.
- Provide training for teachers offering food education to ensure they have up-to-date knowledge on nutrition and food hygiene in the classroom.
- Provide out-of-hours opportunities for students to explore healthier eating.
- Consult students about food provision and dining arrangements in school.

Monitoring

- The quality of students’ learning experience.
- Number of students taking school meals since implementation of Food in Schools Policy.
- Quality and accessibility of healthier food at lunchtime.
- Students enjoy their lunchtimes and feel safe and secure.

By

- The teacher responsible and a designated Governor.
- Accreditation for national Healthy Schools Status.

Settings for food policy

There are no vending machines in the School.

Breakfast

A breakfast service operates daily from 8.00 am which is open to all students.

School lunches and packed lunches

School meals are provided by the on-site catering at the School.

Food Hygiene

Students are always reminded about the importance of hand washing before eating or handling food. Whenever students work with food in the classroom they are reminded to follow basic hygiene routines including; wearing a food preparation apron, using clean equipment, always washing hands before and after working with the food, using an individual spoon etc. when tasting food.

Water for all

Water is available throughout the school day to all members of the School community.

Food across the Curriculum

PSHE encourages young people to take responsibility for their own health and well-being, teaches them how to develop a healthy lifestyle and addresses issues such as body image. Students are able to discuss issues of interest to young people, for example, advertising and sustainable development.

Science reinforces learning about the nutritional content of food, as well as covering food digestion and the function of different nutrients in contributing to health, and how the body responds to exercise.

Partnership with parents and carers

The partnership of home and school is critical in shaping how young people behave, particularly where health is concerned. Each must reinforce the other. This is not always easy but the School is well placed to lead by example.

During whole-School events, for example, themed days, the School will encourage parents and carers to consider the food policy in the range of refreshments on offer.

Sponsorship/Incentive Schemes

The School will not take part in any incentive schemes that encourage students to collect tokens from foods that should only be eaten in moderation e.g. collecting chocolate wrappers or crisp bags.

Monitoring, Evaluation and Review

The governing body will review this policy at least every three years and assess its implementation and effectiveness. The policy will be promoted and implemented throughout the School.