



Archbishop Blanch  
SCHOOL

# Archbishop Blanch School

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Dear Parents/Carers

We are writing to ask that parents/carers review children and young people's access to on-line streaming sites including Netflix and other websites. It has come to our attention that some children may be accessing age inappropriate materials. For example, Netflix currently offers a series exploring teenage suicide which is rated 18 and should only be watched by adults. Watching this may well impact on a young person's well-being especially if they are already low of mood.

We would also ask that parents take appropriate steps to safeguard their children so they are only accessing age appropriate materials. As always, parents should seek advice from their GP and school if they are concerned about their child's emotional well-being and mental health.

We have been given the following links that are useful for families:

<https://www.minded.org.uk>

[www.psych.ox.ac.uk/news/new-guide-for-parents-who-are-coping-with-their-child2019s-self-harm-2018you-are-not-alone2019/coping-with-self-harm-guide.pdf](http://www.psych.ox.ac.uk/news/new-guide-for-parents-who-are-coping-with-their-child2019s-self-harm-2018you-are-not-alone2019/coping-with-self-harm-guide.pdf)

Your co-operation with this is appreciated.

Yours sincerely

**Ms H Duggan**  
Headteacher

